

**Patient and Carer Education: An Overview of Existing
Education Program for Tetraplegic patient at CRP.**

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ABSTRACT

Study design: Random, Semi structured face-to-face explorative type of interview.

Objective: To explore the factors which can affect the tetraplegic patient and his/her carer when carrying out the existing education program.

Setting: The CRP complex.

Method: The study was conducted with 14 participants. Among these participants, 7 were tetraplegic patients and the rest of 7 were their carers. The participated patients who met the selection criteria: patient with permanent carer, all ranges of age and educational level, both male and female, after getting at least 21 days of Occupational therapy treatment, able to verbally communicate and also must be admitted in CRP.

Results: The participants understanding ability about the existing education program was below an acceptable standard, their literacy status was also below an acceptable level and most of the carers were middle aged. The participants were satisfied with the Occupational therapist and also CRP service. The participants were optimistic about the patients' recovery. Although, the carers' attitude towards their patients was satisfactory, but optimum family attitude was below the desirable standard.

Conclusion: Literacy status, understanding ability, and carer's age plays an influential role during carryout the existing education program. The patient's and his carer's optimism about the patients' recovery, can also influence. The family

attitude is needed to be change towards their patients. The Occupational therapist should train their patient and carer according to their individual capabilities.

Key words: Patient and carer education, tetraplegia, existing education program, Occupational therapy, and CRP.