

**FACTORS INFLUENCING IMPLEMENTATION OF  
OCCUPATIONAL THERAPY HOME PLAN FOR  
CHILDREN WITH CEREBRAL PALSY: AN  
EXPLORATIVE STUDY ABOUT MOTHER'S  
PERSPECTIVE**

**Prepared by:**

**Anteena Aziz**

**4<sup>th</sup> year B.Sc. (hons) in occupational therapy**

**University of Dhaka**

**BANGLADESH HEALTH PROFESSIONS INSTITUTE ( BHPI)**

**(The Academic institute of CRP)**

**CRP- Chapain, Savar, Dhaka-1343**

**Bangladesh**

## Abstract

**Aim of the study:** - To find out the factors influencing implementation of Occupational Therapy home plan for children with cerebral palsy.

**Objectives:** -

- To find out, does the mother know about the home plan, what is it & why is it given.
- To explore what are the difficulties / barrier faced by the mother to accomplish / continue the occupational therapy home plan at home according to the direction.
- To make a recommendation about, how the occupational therapy home plan should best suited for patient to perform in a good manner.

**Study design:** -Qualitative research design was used; semi-structured face-to-face interview has done to collect the data.

**Participants:** - Convenience sampling – 10 participants, the mother of cerebral palsy child who came to Centre for Rehabilitation of the Paralyzed (CRP) for follow-up.

**Setting:** - Paediatric unit of CRP.

**Result:** - After finished the study the following things was found which affect the implementation of Occupational Therapy home plan for children with cerebral palsy such as, lack of time, family support,

physical condition of mothers, how does the therapist demonstrates & explains to the mother, social support, etc.

**Conclusion:** -This study shown that cerebral palsy mother wants to implement the occupational therapy home plan appropriately or adequately but they can't get enough opportunity according to their needs due to presence of various factors, which was shown in results.

To implement the home plan sufficiently, it is important to conduct more research in this area to collect in-depth information.

The further findings should help occupational therapist as well as any professionals and organization who working with cerebral palsy children.