

Family Centered Practice in Occupational Therapy  
Intervention at CRP Pediatric Unit: The Exploration  
of Occupational Therapist

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## ABSTRACT

**Background:** In Bangladesh, CRP is one of the organizations, who play important role in interventions for children with disabilities through a group of skilled professionals. Occupational Therapist is one of those professionals. To be more client centeredness in Occupational Therapy intervention, Family Centered Practices is an important way. The study is about to look for how the therapist perceives to implement Family Centered Practice (FCP) in CRP Pediatric Unit context.

**Aim of the study:** The study is aiming to explore the view point of Occupational Therapist about the prospect of the FCP incorporated in Occupational Therapy intervention at CRP pediatric unit within its own context.

**Objectives:**

- To find out the therapist's comfort for Family Centered Practice being incorporated with the Occupational Therapy intervention program in this setting.
- To find out the barriers to Family Centered Practice being incorporated with the Occupational Therapy intervention program at the CRP Pediatric Unit.

**Methodology:** This study was an explorative study following phenomenological research design. The participants were identifying by purposive sampling. Semi- structured face to face interview was conducted for data collection by tap recorder.

**Setting:** CRP Pediatric Unit, Savar, Dhaka.

**Result:** The results showed several factors contributed to implement this FCP. Limited time, opportunity to practice, caseload management, professional conflicts, noisy-gathering environment, set-up have identified as influencing factors for Occupational Therapist to practice this program. Mother's understanding and cooperation also influence therapist. Strengths for practice also identified through this study.

**Conclusion:** These findings suggest that the FCP is possible to implement at CRP Pediatric Unit with some changes of existing facilities of its own context.

**Key words:**

Family Centered Practice, CRP pediatric unit, Occupational Therapy intervention, Exploration