

**MANAGING ACTIVITIES OF DAILY LIVING
A CHALLENGE FOR A CAREGIVER: AN
EXPLORATORY STUDY ON CARER
OF STROKE PATIENT AT CRP.**

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ABSTRACT

Stroke is chronic disabling condition. It affects a person's ability to perform their own activities. Coping with stroke patient is a major challenge for a caregiver. The purpose of the study was to explore the challenges of caregivers of stroke survivors who have been in caregiver role for at least 3 months post stroke. A qualitative design was employed and a semi-structured face to face interview was conducted to collect data. It involved a sample of 8 caregivers from CRP patient's hostel and Occupational Therapy Department. The participants were conveniently selected. By using content analysis process total four themes emerged: (1) In Bangladeshi cultural context caregiving is the natural duty of every wife. (2) Caregivers are not satisfied to continue care giving role. (3) Different factors influencing the caregiver to continue care giving role. (4) Care giving brings changes in caregiver's personal, social and family life. The participants of this study reported several negative impacts as well as some positive outcomes in regard to their role as a caregiver.

Key word:

Stroke, Activities of daily living, caregiver.