## EVALUATION OF FEEDING EDUCATION PROGRAMME FOR CHILDREN WITH CEREBRAL PALSY AT INDOOR PAEDIATRIC UNIT IN CRP: FROM CAREGIVERS' PERCEPTION

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## **ABSTRACT**

The research set out to evaluate the 'feeding education programme' of indoor Paediatric Unit of CRP. This feeding education programme is arranged from indoor Paediatric Unit as a part of Occupational Therapy intervention. The aim of the program is to provide education about feeding problem of their children and teach how to manage these problems at home and how to improve feeding performance of the children. As the program is very important for caregivers and their children, so evaluation of this programme is necessary from their perception.

This study is conducted by using qualitative method. The data was generated through interviews and focus group discussions. Participants of the study were selected by using purposive sampling. Interviews were taken by using face to face semi-structured questionnaire. Data was analyzed by using content analysis.

From the findings of the research, it is seen that caregivers of children with cerebral palsy are evaluated the programme very positively as it enhance their learning, improves feeding performance of their children, solve their problems and provided necessary information for them. They felt they had a good understanding of the program as therapist taught it in easy words. They found the program important and good from many aspects, but, they wish to implement it appropriately at home.

In conclusion, they formed some recommendation to improve the programme such as divide the large group into small group, increase the duration of the program and show the part of demonstration by using television and video.

Key words: Evaluation, feeding education programme, Indoor Paediatric Unit of CRP, caregivers' perception.