

**Challenges of Occupational Therapy Students to Conduct Mental
Health Placement at NIMH.**

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Abstract

Title: Challenges of Occupational Therapy Students to Conduct Mental Health Placement at NIMH.

Aim: To explore the challenges of Occupational Therapy students to conduct mental health placement at NIMH.

Objectives: The objectives of this study are:

- To find-out the difficulties from the patients during conducting individual treatment session.
- To find-out the difficulties from the patients during conducting group treatment session.
- To find-out the barriers because of being limited resources at NIMH.
- To find-out the problems from care-giver through over the placement at NIMH.

Study Design: This study was used phenomenological qualitative research study. As this study explored the challenging experience of Occupational Therapy students in their placement setting at NIMH , so researcher used this design.

Sampling: In this study participants were selected by using stratified random sampling and number of participant were Seven. Because, according to Depoy, 5-10 number of individual will be necessary to include in qualitative research (Depoy & Gitlin 1998). And in stratified random sampling the population is divided into smaller subgroups or strata then elements are chosen from each stratum (Bowling¹ 1997).

Setting: Researcher was chosen participants working area as study settings because they were available in their Job area most of the time. For this reason, researcher was chosen participants working area as study settings. The interviews were also conducted at a silent place which was free of disruption or interruption.

Result: From in-depth analysis of data six themes are arise. These are:

1. Difficulties faced by participants during their placement time.
2. The challenges of participants experienced during their placement in Mental Health setting.
3. The impediments noticed by the participants in case of developing good interaction with their patients.
4. Impact of gender attraction in clinical practice.
5. The co-relational impact of the environmental set up of therapeutic room and therapeutic intervention.
6. The importance of care-givers motivation in the participation of the patient in therapeutic activities.

Key word: Occupational Therapy Students, Placement challenges, National Institute of Mental Health (NIMH).