

**EXPLORING THE VALUE OF CAREGIVER EDUCATION
PROGRAM IN STROKE REHABILITATION**

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ABSTRACT

The caregivers in the project are being studied focusing their fascination towards the program, Space where they feel the necessity of support and training and finally their constructive thoughts around the program.

The broad objective of the study is to explore the value of education program for stroke rehabilitation from the caregiver of person with stroke. A qualitative study method has used to meet the purpose of the study where using grounded theory design. Total eight caregivers are studied as sample population. Participants are selected among the caregivers who join in education program held at CRP neurology department through purposive sampling procedure. Data have collected in two phases, primarily from the education class, about the caregiver detail. By the using of caregiver information form investigator determines the target study participants. In second phase, participants are interviewed through a semi-structured questioner and Interviews are recorded in an mp3 player. Once data have collected and then findings are presented by analysing the data through content analysis.

Participants attend in the program to know why does stroke is happened. From the class besides knowing the reason of attack, they have learnt the mechanism of stroke. Caregivers think education program is essential to grow public awareness about the cause and risk of stroke. In the study participants have given their useful ideas how the existing programs can make better and more effective for the future caregivers. Lastly all of the participants highly valued the education program and consider as fundamental component in stroke rehabilitation.

Key words: Stroke rehabilitation, Caregiver education program, Program value.