

**Stress among the Mothers' of Children with Cerebral Palsy: a study
in Centre for the Rehabilitation of the Paralysed.**

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Title: Stress among the Mothers' of Children with Cerebral Palsy: A study in Centre for the Rehabilitation of the Paralysed.

Aim: To explore the level and sources of stress among the mothers' of child with Cerebral Palsy

Objectives:

1. To measure the level of stress of the mothers
2. To identify the social causes of stress of the mothers
3. To identify physical causes of stress of the mothers
4. To identify the emotional causes of stress of the mothers

Setting: Paediatric Unit, Centre for the Rehabilitation of the Paralysed (CRP), Savar, Dhaka.

Method: The prospective type of survey design was used to find out of the mothers' stress. The researcher examined stress of the mothers by using Caregivers Strain Index (CSI) which as the quantitative part of the study. Then the researcher investigates causes of stress as the qualitative part of the study through semi-structured face to face interview of the mothers'. A convenience sampling method was chosen for the quantitative part and comprehensive sampling was chosen for qualitative part. For this reason the researcher chose mixed methodology for this study. At first the researcher analyzed descriptive statistics then content analyses.

Result: From this study it was found that the mothers experience higher level of stress. The mothers suffer various problems such as stigmas, financial crisis, low social support, physical illness, mental pressure regarding self-care and productivity etc.

Conclusion: The mothers' had high level of stress. Therefore treatment must be provided for both mothers' and children.

Keywords: Stress, Cerebral Palsy, CRP.