



BANGLADESH HEALTH
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PERCEPTION OF THE CAREGIVER TOWARDS EATING AND FEEDING ISSUES AMONG ADULT WITH DEMENTIA

By

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Title: “Perception of The Caregiver Towards Eating and Feeding Issues Among Adult with Dementia”

Aim of the study: To explore the caregiver’s perception of eating and feeding issues among dementia patients.

Methodology: The study was conducted using a qualitative phenomenological study design. The researcher selected a total of 8 caregivers to participate in the study by using purposive sampling. A semi-structured questionnaire was used to collect data and content analysis was used to analyze the data.

Result: The result of the study indicates towards the fact that, the caregivers do not have any knowledge about eating and feeding issues (Dysphagia) among the dementia patient but they understand the changing eating behaviors among the patients.

Conclusion: Swallowing problems are very common among various types of dementia. The study points out the challenges the caregivers face and the strategies they have found, their own way to cope with those changes or challenges without any advice from other health professionals. The analysis also indicates that the caregivers are not aware about the Speech and Language Therapy service for dysphagia management in Dementia patient. So it is necessary to bring the current scenario in the knowledge of Speech and Language Therapists and the available Speech and Language Therapy service in the

knowledge of the health professional specially the Physician so the patient can get proper management for their condition and Speech and Language Therapy service will be recognize as a part of the multidisciplinary team.

Limitation

This is the first primary study on caregiver's perception about swallowing difficulties among older adult patients with dementia in Bangladesh. So, there were some limitations and impediments during conducting the study in different aspects. They are:

- There were only 8 caregivers participated in this study. Which is not adequate for a study to explore caregiver's perception towards eating and feeding issues among dementia patient.
- The sample size was not sufficient to generalize the result.
- The time period for the study was short.
- As a result of small number of participants, the external validity of the study is reduced.

Recommendations

While conducting the research the investigator found some limitation and barriers

- There should be further research on prevalence of dysphagia among Dementia patient in Bangladesh.
- This study was done within a short period of time with a small sample size and data was collected from only Dhaka city so further study can be conducted using a large sample size and from other cities to generalize the result.
- Further study can be conduct on the quality of life of the Dementia patient with dysphagia.

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[N.B. For better understanding of the study, please see hard copy & for any further information please contact: jannatsifate@gmail.com]