



# **THE LIVED EXPERIENCE OF MOTHERS OF CHILDREN WITH AUTISM SPECTRUM DISORDER IN BANGLADESH**

By

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**Title: “The Lived Experience of Mothers of Children with Autism Spectrum Disorder in Bangladesh”**

**Aim of the study:** To explore the experience of mothers of Children with Autism Spectrum Disorders in Bangladesh.

**Methodology:** This is a phenomenological qualitative research design where 14 participants were assigned purposively from different special school and rehabilitation organization in Dhaka. Self made- Questionnaires Bengali Version was used to conduct this study. Content analysis was used to analyze the data.

**Conclusion** Autism spectrum disorder (ASD) is a lifelong condition that starts from the early stage of life and often has some behavior problems such as self-injury, aggression, tantrum and disobedience. Their primary symptoms are impaired social functioning and withdrawal, language difficulties and limitation in responding to others associated with communication and behavioral problems are also found in children with ASD.

From this study, it was confirmed that knowledge of mothers of children with ASD was insufficient. Most of them believed that the children was gifted from God and it was

occurred to them for their evil work. Most of the mothers first concerned about autism in between 18months-2 years. But maximum mothers experienced stress in their personal life. They become frustrated for the challenging behavior of their children. Most of the mothers experienced negative support from the society and from the family members. Some mothers also get positive support from them. Mothers of children with ASD were dissatisfied to the special educational system. But most of them were satisfied with the behavior of the teachers and the authors of the special school. Most of the mothers faced barriers such as taking serial of the therapist, financial problem and transportation problem.

### **Limitation**

There were some limitations to conduct the study. The study was conducted on mother's experience of children with Autism spectrum disorder in Bangladesh.

Data were taken in different special needs school in Savar and Dhaka city. If the data could be taken from different district of Bangladesh, it would have been a better information known about different mothers perspectives, lifestyle.

In this study the real life experiences of mothers of children with Autism were not mentioned properly. Especially, in the society and family the problems they face that are not well highlighted.

One major limitation was, the interview was conducted in Bangla then it translated into English. When translating into English many important theme may been omitted. The way mothers described them their real life situation in Bangla that was not mentioned in English properly.

### **Recommendation**

It is recommended that mothers of children with autism need to know more information about autism. Also the people in the society and especially family members have lack of knowledge about autism. So, they need to know about autism. Due to lack of their understanding about autism they make various comments to the mothers of children with autism. And mothers of children with autism faced various challenges in their life. Further research should be focused on the people of society and family member's perception about ASD in the context of Bangladesh". And suggested challenges faced by parents of children with Autism in Bangladesh". Also further study that quality of life mother of children with ASD in Bangladesh"

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***[N.B. For better understanding for the study, please see hard copy & for further information please contact at [alamt7012@gmail.com](mailto:alamt7012@gmail.com)]***